

# MIX SPROUTS SALAD

(For 4 persons)

## Ingredients .:

- 3/4<sup>th</sup> cup boiled mixed sprouts (kabuli chana, moong, rajma, matki etc)
- ¼ th cup chopped coriander
- 1/4<sup>th</sup> cup grated radish (mooli)
- 1/4<sup>th</sup> cup finely chopped tomatoes
- 1/4<sup>th</sup> cup finely chopped fenugreek (methi)
- Salt to taste
- 1 tsp oil
- 1 green chilli slit
- A pinch of asafoetida (hing)

## Process :

- 1.Combine the mixed sprouts, coriander, radish, tomatoes, fenugreek leaves and salt in a deep bowl and mix well. Keep aside
- 2.Heat oil in a small pan, add green chilli and hing and saute on a medium flame for a few seconds.
3. Pour this tempering over the salad and mix well.
4. Just before serving, discard green chilli and serve immediately.